



Barrie's Garden Club Newsletter

Cuttings

September 2018



SEPTEMBER'S GUEST SPEAKER:

Jeff Mason

Of Mason House Gardens

TOPIC:

"25 YEARS ON A SAND DUNE – HOW TO DEAL WITH DROUGHT"

At the ANAF Hall - Morrow Road

September 4th ,2018

at 7:00pm

Flower Show entries to be submitted by 6:30pm!

Drought Gardening 101

Finding hardy drought resistant plants is fairly easy... just think native plants! Most of our native plants have survived and thrived for years in our climate and some of them are quite a beautiful addition to our gardens - without much fuss! However, try to pick plants that are not too invasive, as these hardy plants may takeover your entire space! Always ask your local Garden Centre if you're not sure or start small to keep a handle on things!

Some **annuals** that like our climate with little to no water are: Larkspur/Nigella, Morning Glory, Portulaca & annual Sunflowers.

Perennials such as Grasses and Succulents are great for dry areas too!






Try to pick grasses that you won't need to cut down every year unless you have a large space you want to fill! Low growing grasses like Blue Fescue and Dwarf Maidenhead grasses are perfect for small dry borders.

I love Sempervivum (Hens and Chicks) for their versatility as to where they will grow (in very little soil) as well as being monocarpic—they bloom and die, but by then chicks are making chicks of their own.

Another favourite is the many varieties of Sedum - aptly named by some as "live forever."

And don't forget Lilacs! We normally don't think of lilacs as being drought-tolerant, but have you ever noticed those 100-year-old stands of *Syringa vulgaris* by the roadside near old houses? These often grow on rock outcrops - sometimes right on and in old dry-laid stone walls.

Here are a few more "drought resistant" perennial beauties that I like!

Perennial Plant	Description
 <p data-bbox="516 268 748 296">Achillea - Yarrow</p>	<p data-bbox="841 191 1479 302">Achillea (yarrow) is a plant with tiny foliage. It will do poorly without hot, baking sun and deep but infrequent watering.</p>
<p data-bbox="175 506 367 695">Silphium Helianthemum Rudbeckia Echinacea Ratibida</p> 	<p data-bbox="824 506 1495 743">Like other meadow and moist-prairie plants, all these have daisy-like flowers and deep roots to help them through the tough times. Some of the silphium, such as the wonderful prairie dock, spend years with few leaves showing as roots may go down 20 feet or more in search of moisture.</p>
 <p data-bbox="586 915 667 942">Aster</p>	<p data-bbox="824 831 1495 1152">Nearly all will survive without extra water. Some, such as <i>Aster tartaricus</i>, are surprising. This plant tops out at 6 to 8 feet. It has large leaves and stout stalks and many flowers in September/October. The plants spread a bit into a colony. These plants like around six hours of direct sunlight and in spite of their height you normally don't have to stake them.</p>
<p data-bbox="139 1360 358 1388">Dianthus - Pinks</p> 	<p data-bbox="824 1241 1495 1436">Dianthus (pinks) come from rocky regions of the world, such as alpine areas of Canada & the United States. Some form a tight bun of foliage with little, single, fragrant carnation-like flowers above the bun.</p> <p data-bbox="824 1444 1495 1556">Here's a tip: The tinier the foliage and the more silvery the leaves, the more drought-tolerant the pinks will be.</p>
 <p data-bbox="480 1686 748 1713">Euphorbias- Spurge</p>	<p data-bbox="824 1650 1495 1803">Euphorbias (spurge) hold moisture, in the form of white latex, in their stems, and they can get along well between waterings. Many will grow in very poor soil or a rocky spot.</p> <p data-bbox="846 1812 1474 1881">Beware: Some people find the white sap in the stems irritating.</p>

Upcoming Fall Garden Events!

Cranberry Festival Bus Trip

Friday, October 12th 2018

Please sign-up at our September/October meetings or contact Rebecca at rebeccakthomason@yahoo.ca

D16 Fall Seminar

Saturday, October 27th @ Tangle Creek

Please let Kim at kmsturge@gmail.com know by September 24th if you'd like to attend!

BGC Paint Night

Tuesday, November 6th @ the ANAF Club

This will be held at our November Meeting

Advanced Sign-up IS NEEDED

\$ 35.00 for BGC members
and \$40.00 for non-members

(Yes! You can bring a friend or two!!)

Please sign-up at our fall meetings or contact Rebecca at

rebeccakthomason@yahoo.ca



Natural Ways to Deter Critters in Your Garden!

Hen manure is very popular!

Rodents don't like the smell of it, so you won't get rabbits, squirrels, moles and all those creatures that can be harmful to your garden either by eating the plants or burrowing under and destroying the roots systems.

You can also buy cocoons containing ladybugs and praying mantis that will eat plant-destroying insects, such as aphids!



Don't forget to get your pictures in for the Barrie Garden Club 2018 Photo Contest!

This year the following categories have been chosen for our annual Photo Contest!

The pictures can be sent anytime to Kim at: kmsturge@gmail.com

The photos will be judged and the winners announced at our awards meeting in December!

Fun Fungi - any pictures of mushrooms or fungus

Fiery Fall - pictures of local fall foliage

Precious Pinks - any pink flower or blossom in your garden

Scrumptious Succulents - indoors or out!

Perfect Pathways - the key to any garden, leading us to all of their delights!

Feathered Friends - any bird found in your garden or the environs!

Wanted! Judges for this contest!

Let Kim know if you're interested!!

**SEPTEMBER DAYS
ARE HERE, WITH
SUMMER'S BEST
OF WEATHER &
AUTUMN'S BEST
OF CHEER.**

Helen Hunt Jackson

GH

Crabby Road

11-9-11



September 2018 Flower Show

HORTICULTURE DIVISION

Section A - Perennials and Biennials

Class 1	Echinacea - any cultivar	1 stem
Class 2	Rose - Hybrid Tea, any colour	1 specimen bloom
Class 3	Rose - Floribunda, any colour	1 spray
Class 4	Rose, Shrub, any colour	1 spray
Class 5	Anemone Japonica - any cultivar	1 spray
Class 6	Ornamental Grass - any cultivar	3 stems
Class 7	Hydrangea - Mop Head	1 bloom
Class 8	Hydrangea - Lace Head	1 bloom
Class 9	Hydrangea - Pee Gee	1 bloom
Class 10	Aquilegia (Columbine)	1 spray



Section B - Annuals

Class 11	Petunia - Single	3 sprays
Class 12	Petunia - Double	3 sprays
Class 13	Cosmos - any colour	3 sprays
Class 14	Sunflower - any cultivar	1 bloom
Class 15	Marigold Single	3 stems
Class 16	Marigold Double	3 stems
Class 17	Gladiolus	1 stem
Class 18	Snapdragon - Short fancy type	3 stems
Class 19	Snapdragon - Tall fancy type	3 stems



Section C - Vegetables

Class 20	Carrots - any cultivar	3 carrots on plate
Class 21	Greens beans - any cultivar	3 beans on plate
Class 22	Tomato miniature	5 on plate
Class 23	Tomato - any cultivar except for miniature	3 on plate
Class 24	Any other root vegetable	2 on a plate



DESIGN DIVISION:

Class 25	"A Little Goes a Long Way"	A Miniature Design
Class 26	"Fall Splendor"	A design using hydrangea
Class 27	"Rocky Road"	A design using rocks or stones



Harvest Crock Pot Chicken Cacciatore

This month I tried to find recipes to use with the produce in our gardens! These are 2 recipes that can be made ahead with your harvest and either frozen or enjoyed right away!

Makes 4 servings

Serve with spaghetti noodles (or spiralized zucchini) and parmesan cheese.

INGREDIENTS:

- 1-pound boneless skinless chicken breasts
- 24-ounce jar spaghetti sauce
- 1 zucchini, chopped
- 1 cup of green/red/orange or yellow bell pepper (or a combination of them) chopped
- 1 sweet onion, chopped
- 1 tablespoon Italian Seasoning or some fresh herbs from the garden



DIRECTIONS:

Combine all ingredients in crock pot and cook on "low" setting for 6-8 hours or until chicken is cooked through and tender.

TO FREEZE AND COOK LATER:

- Label a gallon-sized plastic freezer bag with the name of the recipe, cooking instructions, and "use-by" date (which will be three months from the prep date).
- Add all ingredients to your freezer bag, seal, and freeze.
- When ready to eat, thaw overnight in refrigerator or in the morning in water.
- Add to crock pot and cook on "low" setting for 6-8 hours or until chicken is cooked through and tender.

Find it online: <https://newleafwellness.biz/2015/12/07/easy-crock-pot-chicken-cacciatore/>

Roasted Harvest Vegetables

Hearty and satisfying, these root veggies stand up to roasted meats and are a great side for big holiday meals (but are just as easy to whip up for a healthy weeknight dinner, too). Your vegetable possibilities are endless so use your imagination using other veggies too in this recipe!

Source: *Everyday Food*, November 2007

Makes 8 servings

Ingredients:

- 4 carrots (about 3/4 pound), peeled, halved lengthwise and crosswise, thick pieces halved again
- 2 sweet potatoes (about 1-pound total), peeled and cut into 3-by-1/2-inch pieces
- 1 butternut squash (about 2 pounds), peeled, seeded, and cut into 3-by-1/2-inch pieces
- 8 garlic cloves, unpeeled
- 2 tablespoons olive oil
- Coarse salt and ground pepper



Directions:

1. Preheat oven to 450 degrees. Divide carrots, sweet potatoes, squash, and garlic between two rimmed baking sheets. Toss each batch with 1 tablespoon oil, and season with salt and pepper.
2. Roast until vegetables are tender and starting to brown, 25 to 35 minutes, rotating sheets from top to bottom halfway through. Peel roasted garlic, return to vegetables, and serve.

COOK'S NOTES: Roast veggies up to 1 day ahead and refrigerate. Reheat on two rimmed baking sheets in an oven heated to 350 degrees for 10 minutes.