



Cuttings

Barrie Garden Club Newsletter
September 2016



Barrie Garden Club September Meeting

At the Southshore Community Centre

September 6thth @ 7:00 pm

Guest Speaker:

Dan Cooper

Gardening From a Hammock



Dan Cooper is the founder of Green Gardens and Tours. Dan spent years designing and planting gardens and now has incorporated travel writing and photography into the mix.

Teaming up with Ellen Novack to produce *Gardening from a Hammock*, they have created a book for the new and time-challenged gardener, as well as for the experienced gardener eager to learn more from experts.

He will be doing a book signing at our meeting too!

Hammocks were developed by native inhabitants of Central and South America for sleeping.

Later, they were used aboard ships by sailors to enable comfort and maximize available space, and by explorers or soldiers travelling in wooded regions and eventually by parents in the 1920s for containing babies just learning to crawl.

Today they are popular around the world for relaxation; they are also used as a lightweight bed on camping trips.

The hammock is often seen as symbol of summer, leisure, relaxation and simple, easy living.

From Wikipedia



September Gardening Checklist

From <http://landscapeontario.com/fall-gardening-checklist>

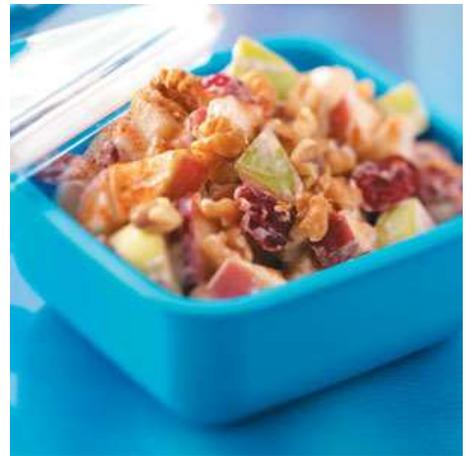
- Collect seed and herbs for drying.
- Add compost or manure to garden beds.
- Cover water features with netting to collect falling leaves.
- Check houseplants for pests, then start to move indoors.
- Plant new trees and shrubs, to give them at least six weeks before frost.
- Plant spring flowering bulbs.
- Clean bird feeders, gardening tools.
- Continue watering trees and shrubs until the ground freezes.
- Bring in any clay pots.
- Pull weeds before they go to seed to reduce the number of weeds next year.
- Fertilize your lawn.



September Apple Crunch Recipe

Ingredients

- 1/3 cup fat-free sugar-free vanilla yogurt
- 1/3 cup reduced-fat whipped topping
- 1/2 teaspoon ground cinnamon, divided
- 2 medium red apples, chopped
- 1 large Granny Smith apple, chopped
- 1/4 cup dried cranberries
- 2 tablespoons chopped walnuts or pecans



Directions

1. In a large bowl, combine the yogurt, whipped topping and 1/4 teaspoon cinnamon. Add apples and cranberries; toss to coat. Refrigerate until serving. Sprinkle with walnuts/pecans and remaining cinnamon before serving.

Makes : 5 servings.

Flowers and

Every four years the world's attention as all of together to proudly compete

With almost 300 events in 26 different sporting events, sometimes the minor details and hard work that go into the Olympics tend to get overlooked. One of those things is something that everyone sees but does not necessarily understand - the importance of: the flower bouquets. The history of flowers at the



the Olympics

Olympic Games captures the the greatest athletes gather for their home country.

Olympic Games dates all the way back to Ancient Greece. The competing athletes in the first games were given Olive leaf wreathes, which were placed on their heads. This was the only reward the athletes received, the medals did not come until much later. The presence of flowers finally sprung up during the Victorian era, where each individual flower was thought to have a different meaning. These meanings have carried over into the present representations of the Olympic Bouquets given to athletes on the champions' podium after every event.

The florist who eventually wins the honor to design the Olympic Bouquet must focus on incorporating their national identity into color and flower selection. Many designers in the past have simply fused their country's national colors into an arrangement with numerous local flowers. However, in more recent events designers have celebrated the Olympic spirit by incorporating their community into the process as well. At the 2010 Winter Olympics in Vancouver, florists June Strandberg and Margitta Schultz used their design process to help out at-risk women in the Vancouver area. They went to nearby prisons and shelters for women with drug and abuse problems to teach their trade. The women hoped that by doing this some of the women would have experience in a trade they could eventually turn into a career when they were reintroduced into society. The IOC certainly took this into account when they made their selection as the Olympic spirit is all about community and unity.





of your garden contest. Once again,

Web site and our annual brochure!! Get snapping!

Barrie Garden Club 2016 Photo Competition Guidelines

It's that time of year again to get your beautiful pictures you've taken this summer (or anyone's garden) in for our annual the winning photos will be featured on our

3 Categories:

1. **My Friend Herb** - Photo of any combination of herbs, can be culinary, medicinal or fragrant (aromatherapy).
2. **Fabulous Ferns** - Photo of any collection of outdoor ferns.
3. **Up Close & Personal** - Close up photo of any flower blossom blooming in your garden.



Please email your pictures to Maire Mason at mairem@rogers.com

by October 9th 2016!

By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer.

Helen Hunt Jackson

www.TheSilverPen.com